

Sermon Notes

“How blessed is...[the one who’s] delight is in the law of the Lord and in His law he meditates day and night...” Psalm 1:1, 2

A Summer of Prayer

- Re-engaging in a ministry emphasis

Two Go-To Places to Learn How to Pray:

- The Lord’s Prayer, the Psalms
- This summer we are combining these two

Why The Psalms?

- Jesus quoted more often from it than any other Old Testament book
- David and his successors were masters at true prayer
- They are honest and real

Psalm 1

- More like a funnel than a prayer
- It’s a meditation on meditation

Meditation

- Engages the mind
- Requires time

Reflections From A Meditation on Psalm 1